

endoscopic improvement for 1 month after treatment, several patients did develop recurrent symptoms in the following months. Two patients underwent a repeat treatment after recurrence of symptoms. The mean time between treatments for these two patients was 12 weeks. Thus, long-term clinical efficacy with this technique may require repeat treatments.

CONCLUSION

Endoscopic placement of steroid-infused CMC foam improves symptoms and endoscopic findings in patients with recurrent sinonasal polyposis after endoscopic sinus surgery. Further research is underway to evaluate the duration of improvement and the level of systemic steroid absorption with this treatment.

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